Itinerary

MEET LA

DOWNTIME IN DOWNTOWN: WHAT TO SEE & DO BEFORE, DURING OR AFTER YOUR MEETING

Glance

Downtime in Downtown

Whether between sessions, flights or whenever you have a spare moment, these top spots will help you make the most of your time during your morning, afternoon or evening of downtime in Downtown LA (DTLA).

Morning

Rise and Thrive

Why wait for the meeting or convention to start? Start your day with a local adventure at Grand Central Market, just a 10-minute ride from the Los Angeles Convention Center (LACC). Wake up and smell the donuts as you head toward the century-old landmark and vibrant public market. Then, take the Angels Flight® Railway to Grand Avenue for neighboring museums and cultural attractions like The Broad, The Music Center and The Museum of Contemporary Art (MOCA).

Morning

Grand Central Market

317 S. Broadway, Los Angeles, CA 90013

Experience G&B Coffee, Eggslut, The Donut Man and more.

Angels Flight® Railway

351 S. Hill St., Los Angeles, CA 90013

It's the ultimate shortcut on the world's shortest railway.

The Broad

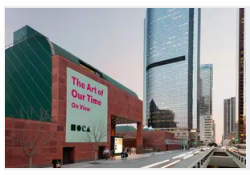
221 S Grand Ave., Los Angeles, CA 90012

A selfie in Yayoi Kusama's Infinity Mirrored Room is a must.

The Music Center

135 N. Grand Ave., Los Angeles, CA 90012

Explore the arts with free self-guided audio tours.



MOCA
250 S. Grand Ave., Los Angeles, CA 90012

LA's contemporary art museum–reserve your free tour online.

Offers

Bonus: Hotel Offers

Meeting planners have their choice of special offers and incentives from LA’s hotels – bookable through June 30, 2025. You can pick your perks from iconic hotels across DTLA and surrounding neighborhoods, including upgrades, amenities and complimentary nights. See all offers and details.

Mid-Day

Mid-Day Escapes

Squeeze in new sights, sounds and flavors at the L.A. Live campus, a short stroll from the LACC. Discover a world of music history at the iconic GRAMMY Museum. Savor the flavors at Yard House, Sol Agave or Fixins Soul Kitchen. Treat yourself to mid-day bliss at the Ritz-Carlton Spa. When you’re ready for a change of pace, just a 10-minute ride away, you can get lost in the pages of The Last Bookstore, California's largest bookstore, nestled in a stunning old bank building.

Afternoon

L.A. Live
800 W. Olympic Blvd., Los Angeles, CA 90015

Home to 4 hotels, 3 live event venues and 18+ restaurants.

GRAMMY Museum
800 W. Olympic Blvd., Suite A245, Los Angeles, CA 90015

Feel the power of music with four floors of experiences.

Yard House
800 W. Olympic Blvd., Los Angeles, CA 90015

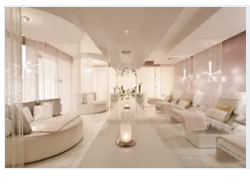
Classic rock and the world’s largest draft beer selection.

Sol Agave
800 W Olympic Blvd, Suite A130, Los Angeles, CA 90015

Experience healthy, modern, elevated Mexican cuisine.

Fixins Soul Kitchen
800 W. Olympic Blvd, Los Angeles, CA 90015

Eat some soul food, and grab a mid-day cocktail.



Ritz-Carlton Spa
900 W. Olympic Blvd., Los Angeles, CA 90015

Enjoy champagne welcomes, a luxurious hair salon and a spa.

The Last Bookstore
453 S Spring St, Los Angeles, CA 90013

A bibliophile's paradise awaits.

Evening

LA After Dark

When the sun dips, the city comes alive at night. Catch a show at entertaining venues like Crypto.com Arena, Peacock Theater or The Novo. Savor the flavors of Latin-inspired cuisine and craft cocktails at DAMA. Then, elevate your night at trendy rooftop bars like Downtown LA Proper or The Hoxton, each offering special offers and special views. Or, head to Level 8 at Moxy, a multidimensional level that's a playground for the senses.

Evening

Crypto.com Arena

1111 S. Figueroa St., Los Angeles, CA 90015

Add a VIP tour, professional sporting event or concert to your plans.

Peacock Theater

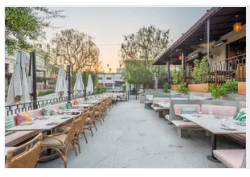
777 Chick Hearn Court, Los Angeles, CA 90015

Catch a comedy show or a bucket-list musical performance.

The Novo

800 W. Olympic Blvd., Los Angeles, CA 90015

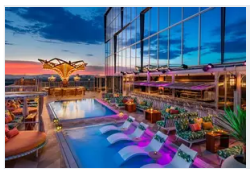
The perfect venue for emerging music and cultural shows.



DAMA

612 E. 11th St., Los Angeles, CA 90015

Experience a sultry restaurant & bar with tropical touches.



Level 8 at Moxy

1254 S FIGUEROA ST, LOS ANGELES, CA 90015

Bold restaurants, dramatic spaces & a poolside carousel bar.

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